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For Immediate Release

Namibia's Rich Cultural Heritage

For a cultural experience second to none, a trip to Namibia is a must! Namibia is a land alive with possibilities, adventure, religion, art, history and many varied activities - A destination rich in culture, with an individual uniqueness of its own, ready to be discovered and explored.

Unique it certainly is, with a touch of Europe distinctly seen throughout the country from its German colonial architecture, to the German language still spoken in many parts of the country today, coupled with a string of gastronomic delights to get those taste buds going!

But Namibia is also very definitely African, with a proud heritage to match. Blend the European with African and you will discover a culture like no other, a distinctness that makes Namibia what it is today – unique, charming, diverse and intriguing!

Boasting a country almost four times the size of the UK with approximately two million inhabitants, Namibia consists of 11 cultural groups and influences from various cultures worldwide are clearly seen, resulting in a rich cultural tourism appealing to many. From one of the ancient tribes in Africa, the Himba people in the Kunene region of the country to the Owambo tribe in the north, Namibia's makeup draws many visitors.

The diversity of population has always been part of the Namibia culture and hence Namibia consists of both urban literate people and rural tribes. From African drum beats and rhythmical singing, its culture is alive with variety and passion.

Namibia has a kaleidoscopic culture to share with its visitors where everyday life consists of a blend between traditional and colonial heritage, easily experienced in the country's cuisine, religion and architecture.

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Mouthwatering cuisine consists of a traditional German influence combined with African and more specifically South African delicacies. Familiar fares in Namibia are the various game dishes comprising of kudu, springbok and gemsbok titbits topping menus across the country. Other treats well worth a taste include the variety of seafood options on offer as well as the many cakes, pastries and breads for which Namibia is well known.

Namibia is a land rich in culture, just ready to be explored and discovered! For further information regarding travel to this culturally rich destination of choice, contact the Namibia Tourism Board on (011) 702 9602 or 021 422 3298, via email on namibia@lloydorr.com or visit their website on www.namibiatourism.com.na

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